

A Special workshop at Kazuo Ohno Dance Studio by Anna Barth

" BODY + MEMORY "

Date: **Thursday, November 2nd.** 7:30pm-9:30pm

Venue: Kazuo Ohno Dance Studio

Workshop fee: 1,500 yen/ No former dance experience required.

Booking: Please send an e-mail to info@kazuohnodancestudio.com

Workshop Content:

This Workshop will focus on the connection of body and memory.

We will start with some bodywork which will open + widen our awareness of "breath" - "center" - "grounding" - "alignment". There will be a series of exercises with the self + the partner, before we go into "free style improvisation".



photo: Klaus Wiesner

<Profile>

Anna Barth is a freelance dancer, teacher and artistic director of the "DanceArt Laboratory Berlin". She studied Modern Dance, Improvisation and Composition with Alwin Nicolais & Murray Louis in New York City and from 1994 - 1999 Butoh with Kazuo Ohno & Yoshito Ohno in Kamihoshikawa, Yokohama, Japan. At the intersection of Improvisation+Butoh she has developed a dance-work she calls "Dance Concrete", which is grounded in constant research of the intertwining of existential realities and possibilities of the body and it's memory. Anna Barth works as a Solo-Dancer as well as in various collaborations within different constellations. With her own group she has been creating a numbers of site-specific performances, including a long-durational performance of 12 hours, using unusual out-side + in-side spaces.